

# Jane Duncan Rogers

## Before I Go Solutions

### Founder and the End of Life Lady

#### Inspiring Your Audience to Face Their Own End of Life with Compassion, Courage and Confidence

In Jane's workshops and talks you learn about why it's crucial to face your own end of life while you're still alive and kicking.

Your audience will walk away with three little known aspects of end of life matters that need to be taken care of in order to approach end of life with grace and ease, and the knowledge your family will be well taken care of. And it's much more than just a will, a power of attorney and an advance directive!

Jane Duncan Rogers is an illuminating and engaging speaker, workshop leader and author of Amazon bestseller *Gifted By Grief: A True Story of Cancer, Loss and Rebirth*, and *Before I Go: The Essential Guide to Creating A Good End of Life Plan*, described as the book every house should have.

A leader in the fields of personal growth and counselling for over 25 years, she is also an awardwinning coach, and popular speaker on all matters to do with life and death. She's on a mission to have everyone feel so much more at ease about dying, death and grief that they can easily talk about these topics to their family and friends. This, along with providing practical help for sorting out all end of life matters, means that every family will have much less hassle, headache, and horror after a loved one has died.

She has attracted worldwide audiences by teleseminar, webinar and live to great reviews and looks forward to having the opportunity to deliver her wise words to your audience. Her TedX Findhorn talk, 'How to Do A Good Death' in 2017 was highly acclaimed.

Jane loves to walk in the woods at the back of her house every morning, after meditating, all of which she feels sets her up for a great day ahead.

To book Jane or discuss what she can bring to your group or organisation, call **01309 696955** or email [jane@beforeigosolutions.com](mailto:jane@beforeigosolutions.com)

[www.beforeigosolutions.com](http://www.beforeigosolutions.com)



#### What people say...

What a gentle, clear and inspirational talk about how to deal with the thorny subject of getting one's end of life matters sorted! It was well worth the money. My biggest problem has been about deciding who gets what, so the brief and simple answer you gave to the person who had posed that question was very helpful. **Sally T.**

The content of Jane's webinar not only gave us the impetus to meet with our solicitor and decide on our wills, executors and power of attorneys but it has given us the opportunity to get to know each other better. We want totally different things for our remains after we die! Who knew? I am very grateful that I can respect that now. **Mhairi McL.**

Jane encourages us to turn round and face up to death. It's not melancholy or morbid; it's about getting your house in order. I discovered how energising the process has been. **Michael W.**

